

Mark L. Ruffalo, D.Psa., L.C.S.W.
Instructor of Medical Education (Psychiatry)
University of Central Florida
Curriculum Vitae

Contact Information

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Personal

Place of Birth: Ridgewood, NJ
Citizenship: United States of America

Current Professional Activities

- ❖ Psychotherapist in private practice, Tampa, FL
- ❖ Instructor of Medical Education (Psychiatry), University of Central Florida
- ❖ Adjunct Instructor of Social Work, University of South Florida
- ❖ Psychiatric Intake Specialist, Emergency Department, Brandon Regional Hospital
- ❖ Florida Area Rep., American Association for Psychoanalysis in Clinical Social Work
- ❖ Contributor to the websites of *Psychology Today* and *Psychiatric Times*

Education

Undergraduate

Bachelor of Science (B.S.), Psychology, *summa cum laude*, 2010
University of Pittsburgh, Pittsburgh, PA

Graduate

Master of Social Work (M.S.W.), Certificate in Mental Health, 2012
University of Pittsburgh, Pittsburgh, PA

Coursework in psychotherapy theory and practice, psychopathology, psychopharmacology, experimental and evaluative research, and legal issues in social work practice

Doctor of Psychoanalytic Studies (D.Psa.), 2019

Parkmore Institute, Johannesburg, South Africa

Training conducted under the supervision of Jerry Piven (Ph.D., Syracuse University) and Barnaby Barratt (Ph.D., Harvard University) with doctoral project completed on the conceptualization and treatment of schizophrenia

Internship

Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center
Comprehensive Recovery Services Inpatient Unit, Pittsburgh, PA (2011-2012)

Participated as a member of the psychiatric treatment team on an acute inpatient unit for the psychotic disorders and severe mental illness under the supervision of chief psychiatric social worker

Mercy Behavioral Health, Pittsburgh Mercy Health System, Pittsburgh, PA (2010-2011)

Provided individual and group psychotherapy to individuals diagnosed with mental illness and a co-occurring substance use disorder under the supervision of licensed social worker

Employment

Psychotherapist in private practice

Tampa, FL (2015-present), New Bern, NC (2013-2015), and Pittsburgh, PA (2012-2013)

Specialty interest in the psychoanalytic treatment of mood disorders, personality disorders, conversion disorder and psychosomatic illness, and schizophrenia

Psychiatric Intake Specialist

Brandon Regional Hospital, Behavioral Health Unit, Brandon, FL (2016-present)

Complete clinical assessments of patients in the psychiatric and general emergency rooms to determine appropriate disposition and coordinate the pre-admission process for transfer to behavioral health unit

Therapist (MSW-II) (Staff Psychotherapist)

Horizon Health at CarolinaEast Medical Center, Crossroads Mental Health

New Bern, NC (2014-2015)

Participated as a member of the psychiatric treatment team on a general adult inpatient psychiatry unit, completed psychosocial assessments, assisted in discharge planning, and provided individual and group psychotherapy

Psychiatric Specialty Counselor (Staff Psychotherapist)

Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center

Transitional and Comprehensive Recovery Units, Pittsburgh, PA (2012-2013)

Participated as a member of the psychiatric treatment team on an extended inpatient unit for patients diagnosed with severe mental illness, provided individual psychotherapy, and assisted in community reintegration activities

Academic Appointments

Instructor of Medical Education (Psychiatry)

University of Central Florida College of Medicine, Orlando, FL (2018-present)

Adjunct Instructor of Social Work (2016-present)

Affiliate Assistant Professor of Psychiatry (2015-2018)

University of South Florida, Tampa, FL

Voluntary Associate Professor of Psychiatry

Centerstone/Lake Erie College of Osteopathic Medicine, Bradenton, FL (2015-present)

Licensure

Licensed Clinical Social Worker (LCSW), State of Florida (2015-present), #SW12857

Licensed Clinical Social Worker (LCSW), State of North Carolina (2015-2017), #C009504

Licensed Clinical Social Worker Associate (LCSWA), State of North Carolina (2013-2015)

Licensed Social Worker (LSW), Commonwealth of Pennsylvania (2012-2015), #SW129603

National Provider Identifier: 1104160241

Memberships

- ❖ National Association of Social Workers (2013-present)
- ❖ Academy of Certified Social Workers (2015-present)
- ❖ American Association for Psychoanalysis in Clinical Social Work (2013-present), Florida Area Representative and Membership Liaison (2018-present)
- ❖ Academy for the Psychoanalytic Arts (2014-present), Membership Chair (2015-2016)

- ❖ Psychotherapist Associate, American Psychoanalytic Association (2018-present)
- ❖ Tampa Bay Psychoanalytic Society (2018-present)
- ❖ Fellow, The Parkmore Institute (2019-present)
- ❖ National Shattering Silence Coalition
- ❖ The National Society of Collegiate Scholars
- ❖ Psi Chi, the National Honor Society in Psychology
- ❖ Sigma Alpha Lambda, National Leadership and Honors Organization

Courses Taught

University of Central Florida/HCA GME Consortium Psychiatry Residency Training Program
The History of Psychiatry (Spring 2020)

University of South Florida School of Social Work, Master of Social Work Program
Foundations of Human Behavior (Fall 2016)

Psychopathology (Spring 2017, 2018, 2019, 2020; Summer 2018, 2019, 2020)
Introduction to Psychopharmacology in Social Work Practice (self-developed course) (Fall 2017, 2018, 2019, 2020; Spring 2019, 2020)

Centerstone/Lake Erie College of Osteopathic Medicine Psychiatry Residency Training Program
The History of Psychiatry (Fall 2015, 2016, 2017, 2018, 2019, 2020)
Introduction to Psychodynamic Psychotherapy (Fall 2017, 2018, 2019)

University of South Florida Department of Psychiatry, Psychotherapy Seminar Series
The History of Psychiatry (Fall 2015; Spring 2017, 2018)

Models of the Mind and Assessment for Psychodynamic Psychotherapy (Fall 2015, 2016, 2017)

Department Service

Chair, Affiliate Faculty Appointments, Promotion, and Tenure Committee
University of South Florida Department of Psychiatry (2016-2018)

Teaching Assistantships

Cognitive Psychology, Professor Timothy Nokes, University of Pittsburgh (Spring 2010)
Abnormal Psychology, Professor Jeffrey Cohn, University of Pittsburgh (Fall 2009)
Introduction to Social Psychology, Professor Janet Schofield, University of Pittsburgh (Fall 2008)

Honors and Awards

- ❖ Marquis Who's Who in America (2017-2020)
- ❖ Nomination, Thomas S. Szasz Award for Outstanding Contributions to the Cause of Civil Liberties, Center for Independent Thought (2018)
- ❖ University of Pittsburgh Dean's Star (Spring 2007, Spring 2008)
- ❖ University of Pittsburgh Dean's Honor List (2007-2010)
- ❖ Wilma Binder Zeder Scholarship for academic excellence (2009-2010)
- ❖ Woodmen of the World Life Insurance Society Award (2006)
- ❖ Honorary member, Sigma Phi Epsilon fraternity, Pennsylvania Gamma chapter
- ❖ The American Legion School Award

Doctoral Project

Ruffalo, M. L. (2019). Understanding schizophrenia: Toward a unified biological and psychodynamic approach. *Psychoanalytic Social Work*, 26(2), 185-200.
doi:10.1080/15228878.2019.1616570

Publications

Ruffalo, M. L. (2020, August 22). Remembering David J. Impastato, M.D., pioneer in ECT. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202008/remembering-david-j-impastato-md-pioneer-in-ect>

Ruffalo, M. L. (2020, July 19). Major psychodynamic paradigms: The basics. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202007/major-psychodynamic-paradigms-the-basics>

Ruffalo, M. L. (2020, July 6). A return to lithium: Psychiatry's first miracle drug. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202007/return-lithium-psychiatrys-first-miracle-drug>

Pies, R. W., & **Ruffalo, M. L.** (2020, June 14). Psychiatric diagnosis 2.0: The myth of the symptom checklist. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202006/psychiatric-diagnosis-20-the-myth-the-symptom-checklist>

Ruffalo, M. L., & Pies, R. W. (2020, June 6). What is meant by a psychiatric diagnosis? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202006/what-is-meant-psychiatric-diagnosis>

Ruffalo, M. L. (2020, May 22). What's in a psychotherapy office? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202005/whats-in-psychotherapy-office>

Ruffalo, M. L. (2020, April 18). During COVID-19, some hospitals stop ECT treatment. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202004/during-covid-19-some-hospitals-stop-ect-treatment>

Ruffalo, M. L. (2020, March 1). The story of Prozac: A landmark drug in psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202003/the-story-prozac-landmark-drug-in-psychiatry>

Ruffalo, M. L. (2020, February 17). We treat patients, not clients or consumers. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202002/we-treat-patients-not-clients-or-consumers>

Ruffalo, M. L. (2020, January 24). Restoring melancholia as a diagnostic entity. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/202001/restoring-melancholia-diagnostic-entity>

Ruffalo, M. L. (2019, December 30). The fall of psychoanalysis in American psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201912/the-fall-psychoanalysis-in-american-psychiatry>

Ruffalo, M. L. (2019, December 14). Three rare psychotic syndromes. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201912/three-rare-psychotic-syndromes>

Ruffalo, M. L. (2019, December 1). Why do we separate psychiatry and neurology? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201912/why-do-we-separate-psychiatry-and-neurology>

Ruffalo, M. L. (2019, November 27). Mental illness as a category of its own. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201911/mental-illness-category-of-its-own>

Ruffalo, M. L. (2019, November 15). The five most influential psychiatric drugs of all time. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201911/the-five-most-influential-psychiatric-drugs-of-all-time>

Ruffalo, M. L. (2019, November 6). Szasz, schizophrenia, and civil commitment. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201911/szasz-schizophrenia-and-civil-commitment>

Ruffalo, M. L. (2019, November 4). The Rosenhan study never proved anything anyway. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201911/the-rosenhan-study-never-proved-anything-anyway>

Ruffalo, M. L. (2019, October 31). The five most influential psychiatric thinkers of all time. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201910/the-five-most-influential-psychiatric-thinkers-of-all-time>

Ruffalo, M. L. (2019, October 28). A lesson from Bleuler on schizophrenia. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201910/lesson-bleuler-schizophrenia>

Ruffalo, M. L. (2019, October 19). Reviewing the options for treatment-resistant depression. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201910/reviewing-the-options-treatment-resistant-depression>

Ruffalo, M. L. (2019, October 5). Beyond MDD: Understanding the types of depression. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201910/beyond-mdd-understanding-the-types-depression>

Ruffalo, M. L. (2019, September 19). Freedom, choice, and psychoanalysis. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201909/freedom-choice-and-psychoanalysis>

Ruffalo, M. L. (2019, September 9). The case for electroconvulsive therapy: One patient's story. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201909/the-case-electroconvulsive-therapy-one-patients-story>

Ruffalo, M. L. (2019, August 31). Why is clozapine underused in schizophrenia? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201908/why-is-clozapine-underused-in-schizophrenia>

Ruffalo, M. L. (2019, August 24). Deinstitutionalization and mass murder. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201908/deinstitutionalization-and-mass-murder>

Ruffalo, M. L. (2019, August 17). Lithium carbonate: The penicillin of psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201908/lithium-carbonate-the-penicillin-psychiatry>

Pies, R. W., & **Ruffalo, M. L.** (2019, August 10). Why psychiatric diagnosis matters. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201908/why-psychiatric-diagnosis-matters>

Ruffalo, M. L. (2019, July 22). Freud's Wolf Man in the era of modern psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201907/freuds-wolf-man-in-the-era-modern-psychiatry>

Ruffalo, M. L. (2019, July 20). Are psychiatric diagnoses meaningless? Not so fast. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201907/are-psychiatric-diagnoses-meaningless-not-so-fast>

Ruffalo, M. L. (2019, July 13). Revisiting the concept of reactive depression. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201907/revisiting-the-concept-reactive-depression>

Ruffalo, M. L. (2019, June 25). The dire state of inpatient mental health. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201906/the-dire-state-inpatient-mental-health>

Ruffalo, M. L. (2019, June 22). Setting the record straight: Homosexuality and DSM. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201906/setting-the-record-straight-homosexuality-and-dsm>

Ruffalo, M. L. (2019). Understanding schizophrenia: Toward a unified biological and psychodynamic approach. *Psychoanalytic Social Work*, 26(2), 185-200. doi:10.1080/15228878.2019.1616570

Ruffalo, M. L. (2019, June 1). The need for a biological psychiatry: Lessons from Ron Fieve. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201906/the-need-biological-psychiatry-lessons-ron-fieve>

Ruffalo, M. L. (2019, May 31). The case against adding sexual addiction to DSM. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201905/the-case-against-adding-sexual-addiction-dsm>

Ruffalo, M. L. (2019, May 25). Thomas Szasz: An appraisal of his legacy [Review of the book *Thomas Szasz: An appraisal of his legacy*, by C. V. Halldipur, J. L. Knoll, & E. Luft, Eds.]. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201905/thomas-szasz-appraisal-his-legacy>

Ruffalo, M. L. (2019, April 6). In defense of biological psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201904/in-defense-biological-psychiatry>

Ruffalo, M. L. (2019, March 23). Masochistic personality disorder: Time to include in DSM? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201903/masochistic-personality-disorder-time-include-in-dsm>

Ruffalo, M. L. (2019, March 9). Remembering the Western Psych shooting: A need for reform. *Psychology Today*. <https://www.psychologytoday.com/gb/blog/freud-fluoxetine/201903/remembering-the-western-psych-shooting-need-reform>

Ruffalo, M. L. (2019, January 1). A patient reflects on a bygone era of American psychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201901/patient-reflects-bygone-era-american-psychiatry>

Ruffalo, M. L. (2018, November 27). Neurodiversity: A dangerous extension of a discredited philosophy. *Psychotherapy.net*. <http://www.psychotherapy.net/blog/title/neurodiversity-a-dangerous-extension-of-a-discredited-philosophy>

Ruffalo, M. L. (2018, November 3). A brief history of electroconvulsive therapy. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201811/brief-history-electroconvulsive-therapy>

Ruffalo, M. L., & Frances, A. J. (2018, October 29). Mental illness and mass murder. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201810/mental-illness-and-mass-murder>

Ruffalo, M. L. (2018, October 18). Can psychotherapy help for schizophrenia? *Psych Central*. <https://blogs.psychcentral.com/blog/2018/10/can-psychotherapy-help-for-schizophrenia/>

Ruffalo, M. L. (2018, October 4). Can psychotherapy help for schizophrenia? *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201810/can-psychotherapy-help-schizophrenia>

Ruffalo, M. L. (2018, September 17). Reorienting the discourse on narcissism. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201809/reorienting-the-discourse-narcissism>

Ruffalo, M. L. (2018, September 1). Finding sanity: John Cade and the discovery of lithium [Review of the book *Finding sanity: John Cade, lithium, and the taming of bipolar disorder*, by G. De Moore & A. Westmore]. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/finding-sanity-john-cade-and-the-discovery-lithium>

Ruffalo, M. L., & Pies, R. W. (2018, August 19). The reality of mental illness: Responding to the criticisms of antipsychiatry. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-reality-mental-illness>

Ruffalo, M. L. (2018, August 11). On the popular ridicule of narcissism. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-popular-ridicule-narcissism>

Ruffalo, M. L. (2018, August 1). The wisdom of Silvano Arieti, pioneer in schizophrenia. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201808/the-wisdom-silvano-arieti-pioneer-in-schizophrenia>

Frances, A. J., & **Ruffalo, M. L.** (2018, July). Mental illness, civil liberty, and common sense. *Psychiatric Times*, pp. 14A-14C.

Ruffalo, M. L. (2018, July 13). The American mental asylum: A remnant of history. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201807/the-american-mental-asylum-remnant-history>

Ruffalo, M. L. (2018, July 4). Mental illness as metaphor: A logical fallacy. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201807/mental-illness-metaphor-logical-fallacy>

Ruffalo, M. L. (2018, June 27). Psychotherapy and psychiatry: A strained relationship. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/psychotherapy-and-psychiatry-strained-relationship>

Ruffalo, M. L. (2018, June 19). Remembering Ronald R. Fieve, M.D. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/remembering-ronald-r-fieve-md-1930-2018>

Ruffalo, M. L. (2018, June 14). Revisiting Szasz: Myth, metaphor, and misconception. *Psychology Today*. <https://www.psychologytoday.com/us/blog/freud-fluoxetine/201806/revisiting-szasz-myth-metaphor-and-misconception>

Ruffalo, M. L. (2018, June 12). Conversion disorder: Its history and implications. *Psychology Today*. <https://www.psychologytoday.com/us/blog/mental-illness-metaphor/201806/conversion-disorder-its-history-and-implications>

Ruffalo, M. L. (2018, May 19). The hidden language of conversion disorder. *Psychology Today*. <https://blogs.psychcentral.com/blog/2018/05/the-hidden-language-of-conversion-disorder/>

Frances, A. J., & **Ruffalo, M. L.** (2018). Mental illness, civil liberty, and common sense. *Psychiatric Times*. <http://www.psychiatristimes.com/couch-crisis/mental-illness-civil-liberty-and-common-sense>

Ruffalo, M. L. (2018, March 28). Nonsexual boundary violations in psychotherapy: A primer. *Psych Central*. <https://blogs.psychcentral.com/blog/2018/03/nonsexual-boundary-violations-in-psychotherapy-a-primer/>

Ruffalo, M. L. (2018). The psychoanalytic tradition in American psychiatry: The basics. *Psychiatric Times*. <http://www.psychiatristimes.com/history-psychiatry/psychoanalytic-tradition-american-psychiatry-basics>

Ruffalo, M. L. (2017). The meaning of mental illness. *International Journal of Existential Psychology and Psychotherapy*, 7(1).

Ruffalo, M. L. (2017, December 8). Reexamining schizophrenia as a brain disease. *Mad in America*. <https://www.madinamerica.com/2017/12/reexamining-schizophrenia-brain-disease/>

Ruffalo, M. L. (2017, November 9). The hypocrisy of antipsychiatry. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/the-hypocrisy-antipsychiatry>

Ruffalo, M. L. (2017, November 6). Mad to be normal: A review of the new R.D. Laing biopic [Review of the film *Mad to be Normal*, by R. Mullan]. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/mad-be-normal-review-the-new-rd-laing-biopic>

Ruffalo, M. L. (2017, November 2). Tranquilizing humanity into oblivion: A warning from Nathan S. Kline. *Mad in America*. <https://www.madinamerica.com/2017/11/tranquilizing-humanity-nathan-kline/>

Ruffalo, M. L. (2017, November 1). Tranquilizing humanity into oblivion: A warning from the pioneering psychopharmacologist Nathan S. Kline. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201711/tranquilizing-humanity-oblivion>

Ruffalo, M. L. (2017). A brief history of lithium treatment in psychiatry. *The Primary Care Companion for Central Nervous System Disorders*, 19(5), ii. doi:10.4088/PCC.17br02140

Ruffalo, M. L. (2017, September 12). Predicting the unpredictable: Hurricane Irma media coverage. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201709/predicting-the-unpredictable-hurricane-irma-media-coverage>

Ruffalo, M. L. (2017, September 2). Power, paternalism, and psychiatry. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201709/power-paternalism-and-psychiatry>

Ruffalo, M. L. (2017, August 11). Diluting the gold of analysis. *Psychology Today*.
<https://www.psychologytoday.com/blog/mental-illness-metaphor/201708/diluting-the-gold-analysis>

Ruffalo, M. L. (2017, July 27). The political uses of psychiatric labels. *Psychology Today*.
<https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/the-political-uses-psychiatric-labels>

Ruffalo, M. L. (2017, July 25). The hubris of neuroscience: Scientism and the neuroscience fad. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/the-hubris-neuroscience>

Ruffalo, M. L. (2017, July 21). Psychoanalysis and psychiatry: Autonomy vs. heteronomy. *Psychology Today*. <https://www.psychologytoday.com/blog/mental-illness-metaphor/201707/psychoanalysis-and-psychiatry-autonomy-vs-heteronomy>

Ruffalo, M. L. (2016). The social worker, psychotropic medication, and right to refuse. *Social Work*, 61(3), 271-272. doi:10.1093/sw/sww027

Ruffalo, M. L. (2016). *Behavioral Health Unit: A guide to wellness and treatment*. Brandon Regional Hospital.

Ruffalo, M. L. (2015, September). NASW must put liberty of citizens, members first [Letter to the editor]. *NASW News*, 60(8), 3.

Ruffalo, M. L. (2015, Spring). On the psychoanalytic approach to schizophrenia. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work*, 3-5, 20-21.

Ruffalo, M. L., Norris, J., Slough, K., Fishel, D., & England, R. (2015). *Crossroads Mental Health: A guide to wellness and treatment*. CarolinaEast Health System.

Ruffalo, M. L. (2014, Spring/Summer). Reply to David Phillips. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work*, 7-8.

Ruffalo, M. L. (2013, Fall). Self-responsibility and contractual psychoanalysis. *Newsletter of the American Association for Psychoanalysis in Clinical Social Work*, 17-18.

Presentations

“Basics of Mood Disorders for Nonpsychiatric Physicians,” HCA West Florida GME Consortium/Brandon Regional Hospital Obstetrics and Gynecology Residency Program, Brandon, FL. September 11, 2020.

“Recognizing and Treating Postpartum Psychiatric Illness,” HCA West Florida GME Consortium/Brandon Regional Hospital Obstetrics and Gynecology Residency Program, Brandon, FL. May 29, 2020.

“Mood Disorders: Essentials for the Emergency Medicine Physician,” HCA West Florida GME Consortium/Brandon Regional Hospital Emergency Medicine Residency Program, Brandon, FL. April 2, 2020.

“Maintaining Psychological Wellness in Residency Training,” HCA West Florida GME Consortium/Brandon Regional Hospital Obstetrics and Gynecology Residency Program, Brandon, FL. March 20, 2020.

“Maintaining Psychological Wellness in Residency Training,” HCA West Florida GME Consortium/Brandon Regional Hospital Emergency Medicine Residency Program, Brandon, FL. January 16, 2020.

“From Freud to Fluoxetine: A History of Twentieth Century Psychiatry,” Grand Rounds lecture, University of Central Florida/HCA GME Consortium Psychiatry Residency Training Program, Osceola Regional Medical Center, Kissimmee, FL. September 12, 2019.

“Basics of Psychopharmacology for Nonprescribers,” Brandon Regional Hospital, Continuing Education Workshop, Brandon, FL. December 18, 2018.

“Basics of Psychopharmacology for the Clinical Social Worker,” National Association of Social Workers—Florida Chapter, Heartland Unit, Continuing Education Workshop, Lakeland, FL. March 22, 2018.

“The Social Worker, Psychotropic Medication, and Right to Refuse,” National Association of Social Workers—Wisconsin Chapter, Winter Webinar Presentation. February 17, 2017.

“Psychoanalytic Theories of Schizophrenia: A Case Study Review,” University of North Carolina Department of Psychiatry, Psychotherapy Case Conference Presentation, North Carolina Neurosciences Hospital, Chapel Hill, NC. November 17, 2014.

“Medicalization and Social Constructionism in Psychiatry,” with Emil Ivanov, M.D., and Nick Williams, Ph.D., Comprehensive Recovery Services Inpatient Journal Club, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh, PA. February 1, 2013.

“Positive and Negative Syndrome Scale (PANSS),” Transitional and Comprehensive Recovery Units, Western Psychiatric Institute and Clinic of UPMC, Pittsburgh, PA. October 17, 2012.

Guest Lectures

Guest lecture to Associate Degree in Nursing (ADN) students on psychiatric diagnosis and psychotherapy, Trivis Technical College, Lakeland, FL. Fall 2016, Spring 2017, and Fall 2017.

“Psychiatry, DSM-5, and Medicalization,” Medical Sociology, Professor Mike-Frank Epitropoulos, University of Pittsburgh, Pittsburgh, PA. November 9, 2015, and April 9, 2018.

Miscellaneous

- ❖ Contributor to the websites of *Psychiatric Times* (2018-present), *Psychology Today* (2017-present), Psych Central (2017-2019), and Mad in America (2017)

- ❖ Certificate in Epidemiology in Public Health Practice (a five-course specialization), Johns Hopkins University via Coursera, March 27, 2020.
- ❖ Postgraduate training, Chicago Institute for Psychoanalysis, Distance Learning Program, under the instruction of Brenda Solomon, M.D., 2015.
- ❖ Reviewer for the journal *Neuropsychanalysis*, 2020.
- ❖ Featured in the *Psychiatric Times* “Mental Health Minute” video series for articles co-authored with Ronald W. Pies, M.D., July 16, 2020.
- ❖ Interviewed live on *Velsbi & Ruble* on MSNBC on the topic of untreated serious mental illness and violence, August 16, 2019.
- ❖ Interviewed live on the Dennis Vespi Show on American Political Radio on the topic of narcissistic personality disorder, March 31, 2019.
- ❖ Featured in the *Newsletter of the American Association for Psychoanalysis in Clinical Social Work* for the article “The Reality of Mental Illness” on *Psychology Today*, with Ronald W. Pies, M.D., 2018.
- ❖ Quoted in the article “The Movement Against Psychiatry” by Shayna Love, *Vice* magazine, August 26, 2020.
- ❖ Quoted in the article “How to Live with a Narcissist: Understanding Narcissistic Personality Disorder” by Rhalou Allerhand, *NetDoctor*, 2018.
- ❖ Invited presenter, “Involuntary Commitment Process,” with Keith Letchworth, M.Ed., Crisis Intervention Team training, Havelock Police Department, Havelock, NC. 2015.
- ❖ Featured in *Horizon E-Connections Newsletter* for schizophrenia work, December 2014.
- ❖ Qualified as an expert witness in psychotherapy and psychiatric diagnosis, North Carolina District Court, 2013.
- ❖ Featured in television news report on gambling addiction, WCTI-TV, December 5, 2013.
- ❖ Nominated by psychiatrist colleague for New Employee of the Year, Western Psychiatric Institute and Clinic of UPMC, 2013.
- ❖ Selected by the University of Pittsburgh Department of Psychiatry Research Day Committee to present original research at the Department’s annual Research Day, 2013.

Interests

Psychoanalytic theory and psychotherapy; the conceptualization of mental illness; the history of psychiatry, particularly mid-twentieth century American psychiatry; the classification of mental disorder; the psychoanalytic treatment of mood disorders, personality disorders, conversion disorder and psychosomatic illness, and schizophrenia.

Social Work Interns Supervised (University of South Florida)

Danielle Delaine, M.S.W. Student, Brandon Regional Hospital (2018-2019)

Psychiatry Residents Supervised (University of South Florida)

Michael Manasterski, M.D., PGY-2, Psychotherapy Supervision (2017-2018)

Steven Gunther, M.D., PGY-2, Psychotherapy Supervision (2016-2017)

Ankita Patel, M.D., PGY-2, Psychotherapy Supervision (2015-2016)

References

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